



APARTMENT COMMUNITY **MANAGERS GROUP** MEETING HIGHLIGHTS



Date: July 19, 2023

Time: 10:00AM -11:30AM

10:00am Introductions

- Jennifer Abrao & Lindsay Maryon, Crime Prevention Specialists
 - PD liaisons for the group
- Crisis Intervention Team - Officer Horvath and Clinician Luque
- Jake Cluff - Community Relations and Policy Advisor, Mayor's Office

1. Allen Adams - Securitas Security
2. Angee Jensen - CBW Properties
3. Modena Allen - Neighborhoods by Gini, Gramercy Villas
4. Josh Bartholomew - Baron Properties, Red Tail Apartments
5. Lynnette Horton - CBW Properties
6. Emily Silvas - Altair Apartments
7. Megan Milich - Neighborhoods by Gini, Gramercy Villas
8. Modern Craftsman, Ten Mile
9. Tyler Wolters - Idaho Apartment Association
10. Baylee Brown - Rembrandt Park Apartments
11. Shivani - Westridge Apartments
12. Stacy - Benchmark Apartments

10:30am Crisis Intervention Team

- Crisis Intervention Team - 2 police officers, 1 mental health clinician
- What is a crisis? A response to a life stressor, especially when someone's normal coping mechanisms fail. This leads the individual to incorporate dysfunctional behaviors driven by fear, anxiety, and anger.
- CIT responds to mental health calls for service (suicidal subjects. crisis calls, welfare checks, etc.).
- They assess the needs of the individual in crisis and de-escalate the situation.
- They determine if an involuntary hospitalization (mental hold) if required or if a safety plan can be created so the individual can remain in the community while they receive mental health treatment.
- They follow up with those who were placed on a mental hold after they are discharged and those with referrals from department staff and the community.
- All Meridian Police officers are trained to recognize a mental health crisis and how to appropriately respond to mental health calls for service.
- Involuntary Mental Holds: according to Idaho Code 66-326, law enforcement or a physician (with admitting privileges) may place an individual on an involuntary mental hold if the following criteria is met:
 1. Danger to self
 2. Danger to others
 3. Gravely disable as a result of mental illness.

Indicators of a Mental Health Crisis

- Is a friend or family member starting to isolate themselves?
- Is a friend or family member using drugs and/or alcohol?
- Is a friend or family member self-harming?
- Is a friend or family member experiencing a change in behavior?
- Is a friend or family member talking about suicide?

Getting Help for a Friend or Family Member in Crisis

- Talk and listen to your friend or family member to learn about their need(s)
- Refer your friend or family member to the Idaho Crisis and Suicide Hotline (988)
- If you get information that your friend or family member is suicidal or has a plan to attempt suicide, call 911.

See attached Mental Health Resources flyer

Updates:

- We had a property manager reach out who requested to meet with us about issues they were having with residents and to conduct a CPTED Security Survey. We were able to give them tips on how they could improve their property, as well as given them additional resources the Meridian Police Department has to offer. If you would like us to come out to your property, feel free to reach out to us.

Our meetings for this group are held every other month. Please spread the word to your co-workers and property management friends. Email is the best way to get information from us. If there is someone who wants to join the group, please send us their email.

All meetings hybrid.

11:30am Meeting concluded

Next meeting: September 20, 2023 at 10:00am

Topic: Ada County Coroner's Office